

CDC guidelines recommend that all patients who have symptoms of COVID-19 (fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, and/or diarrhea) remain at home (do not go to work, daycare, or school).

Due to the new onset of possible COVID-19 symptoms, a COVID-19 swab was obtained for the above patient. Results are anticipated in 2-7 days. The patient should remain home until COVID-19 test results are known.

If **positive**, the patient and household contacts must quarantine immediately and follow instructions from the public health department.

If **negative**, the patient may return to work/school/daycare when **ALL** the following criteria have been met:

- 1) No direct contact with a known COVID-19 patient
- 2) Negative COVID-19 test
- 3) No fever for at least 24 hours **without** the use of medicine that reduces fevers
- 4) Other symptoms have improved (for example cough improving, vomiting and diarrhea resolved)\*

We encourage patients and families to follow these guidelines and any instructions from local public health departments. Accommodations for work and school may be necessary so a family member can stay home to care for a sick child and isolate to prevent the spread of illness.

\*These are guidelines, they do not supersede instructions from local public health. Please follow any direct guidance given to you by local public health departments.